18. APPENDIX D – CATI-ADAPTED CORE QUESTIONNAIRE

SN	Module	Question Wording	Response Options	Skip	Survey Mapping	Indicator
0.1	Error	This answer is not an available response to the question. I will now repeat the question for you.				
0.2	Out of Range	Your response indicates that you are not eligible to participate in this survey. Thank you for your time.				
1	Language	{Multi-Lingual Countries} (INTERVIEWER INSTRUCTION: TAKE NOTE OF HOW THE RESPONDENT ANSWERS, PLEASE CHOOSE THE APPROPRIATE LANGUAGE AND START SURVEY.)				
0.3	Introduction	Hello, my name is [XXXXXXX] and I'm calling on behalf of the Ministry of Health to complete the survey you were previously informed about. (INTERVIEWER INSTRUCTION: ENTER 1= CONTINUE IN [LANGUAGE 1]; [ADD OPTIONS TO CONTINUE IN OTHER LANGUAGES]; [ADD OTHER CALL OUTCOME CODES])	1= CONTINUE IN [LANGUAGE 1] [ADD OPTIONS TO CONTINUE IN OTHER LANGUAGES] [ADD OTHER CALL OUTCOME CODES]			
	Consent	Before we start, I'd like you to know that this interview will take no more than 10 minutes of your time. Any information you share will only be used to understand more about the health of our country's population, your information will be kept confidential and private and will never be connected to your name or any other personal information. All questions are voluntary. [Insert instructions about renumeration, if any.]. I'd like to continue unless you have any questions. (INTERVIEWER INSTRUCTION: ENTER 1= RESPONDENT CONSENTED; 3= RESPONDENT REFUSED)	1= RESPONDENT CONSENTED 3= RESPONDENT REFUSED			

2	Demog	The first questions ask about your background. Are you male or female? (INTERVIEWER INSTRUCTION: ENTER 1 = MALE; 3 = FEMALE; # = REFUSED)	1 = MALE 3 = FEMALE # = REFUSED OTHER = (Error 0.1)	IF # END SURVEY (0.8)	STEPS C1	
3	Demog	How old are you? If you don't know exactly, please provide your best guess. (INTERVIEWER INSTRUCTION: ENTER A NUMBER 0-120; # = REFUSED/ DON'T KNOW)	NUM (3), (RANGE 0 - 120) # = REFUSED OTHER = (Error 0.1)	IF # END SURVEY (0.8) IF 18< NUM (3) >120 (Out of Range 0.2)	STEPS C3	
4	Sampling	How many mobile phone numbers do you use on a regular basis? (INTERVIEWER INSTRUCTION: ENTER A NUMBER 1-99; # = REFUSED/ DON'T KNOW)	NUM(3), (RANGE 1-99) # = REFUSED OTHER = (Error 0.1)		NEW	
5	Sampling	How many people aged 18 years or older regularly use this mobile phone number? (INTERVIEWER INSTRUCTION: ENTER A NUMBER 1-99; # = REFUSED/ DON'T KNOW)	NUM(2), (RANGE 1-99) # = REFUSED OTHER = (Error 0.1)		NEW	
0.4a	Tobacco Preamble	I would now like to ask you about smoking tobacco, including cigarettes, cigars and pipes [add local examples].Please do not include smokeless tobacco or e-cigarettes at this time.				
6	Tobacco	Do you currently smoke tobacco daily, less than daily, or not at all? (INTERVIEWER INSTRUCTION: ENTER 1= DAILY; 2= LESS THAN DAILY; 3= NOT AT ALL; # = REFUSED/ DON'T KNOW)	1 = DAILY 2 = LESS THAN DAILY 3 = NOT AT ALL # = REFUSED OTHER = (Error 0.1)		TQS Q1	T1 - % who currently smoke tobacco (STEPS, TQS) T2 - % who currently smoke tobacco daily (STEPS, TQS)

0.4b	Tobacco Preamble	The next question is about using smokeless tobacco, such as [fill appropriate country examples: snuff, chewing tobacco, and dip]. Smokeless tobacco is tobacco that is not smoked, but is sniffed through the nose, held in the mouth, or chewed. [req. country-adaptation]				
7	Tobacco	Do you currently use smokeless tobacco daily, less than daily, or not at all? (INTERVIEWER INSTRUCTION: ENTER 1= DAILY; 2= LESS THAN DAILY; 3= NOT AT ALL; # = REFUSED/ DON'T KNOW)	1 = DAILY 2 = LESS THAN DAILY 3 = NOT AT ALL # = REFUSED OTHER = (Error 0.1)		TQS Q4	T3 - % who currently use smokeless tobacco (TQS) T4 - % who currently use smokeless tobacco daily (TQS) T5 – (Q7+Q8) - % currently using tobacco (smoked & smokeless) (GMF)
0.5	Alcohol Preamble	Now, I would like to ask you some questions about alcohol use.				
8	Alcohol	During the past 30 days, did you drink any alcohol? (INTERVIEWER: ENTER 1= YES; 3= NO; # = REFUSED/ DON'T KNOW)	1 = YES 3 = NO # = REFUSED OTHER = (Error 0.1)	IF 3 OR #, GO TO 0.6	STEPS A5	A1 - % who currently drink alcohol (drank alcohol in the last 30 days) (STEPS)
9	Alcohol	One standard drink is equivalent to [req. country-adaptation]. Considering all types of alcoholic beverages, how many times during the past 30 days did you have 6 or more standard drinks in a single drinking occasion? (INTERVIEWER INSTRUCTION: ENTER A NUMBER 0-75; # = REFUSED/ DON'T KNOW)	NUM (2), RANGE (0-75) # = REFUSED OTHER = (Error 0.1)		STEPS A9	A2 - % who engage in heavy episodic drinking (6+ drinks on any occasion in the past 30 days) (STEPS) & (GMF)
0.6	Diet Preamble	With the next questions, I would like to learn more about the foods that you eat.				
10	Diet	In a typical week, on how many days do you eat fruit [add local examples]?	NUM (1), RANGE (0-7) # = REFUSED	IF 0 OR #, GO TO 12	STEPS D1	D1 - Mean # of days fruit consumed in a typical week (STEPS)

		(INTERVIEWER INSTRUCTION: ENTER A NUMBER 0-7; # = REFUSED/ DON'T KNOW)	OTHER = (Error 0.1)		
11	Diet	A serving of fruit is a medium sized apple, banana or orange [add local examples] or half a cup of cooked or chopped fruit. How many servings of fruit do you eat on one of those days? (INTERVIEWER INSTRUCTION: ENTER A NUMBER 1-50; #= REFUSED/ DON'T KNOW)	NUM (2), RANGE (1–50) # = REFUSED OTHER = (Error 0.1)		STEPS D2	D2 - Mean # of servings of fruit consumed on average per day (STEPS)
12	Diet	In a typical week, on how many days do you eat vegetables [add local examples]? (INTERVIEWER INSTRUCTION: ENTER A NUMBER 0-7; # = REFUSED/ DON'T KNOW)	NUM (1), RANGE (0-7) # = REFUSED OTHER = (Error 0.1)	IF 0 OR #, GO TO 0.7	STEPS D3	D3 - Mean # of days vegetables consumed in a typical week (STEPS)
13	Diet	A serving of vegetables is about a cup of green leafy vegetables or salad or half a cup of cooked or chopped vegetables. How many of these servings of vegetables do you eat on one of those days? (INTERVIEWER INSTRUCTION: ENTER A NUMBER 1-50; # = REFUSED/ DON'T KNOW)	NUM (2), RANGE (1 - 50) # = REFUSED OTHER = (Error 0.1)		STEPS D4	D4 - Mean # of servings of vegetables consumed on average per day (STEPS) D5 - (Q12+Q13+Q14+Q15) - % who consumed less than 5 servings of fruit and/or vegetables on average per day (STEPS) & (GMF)
0.7	Diet preamble	With the next questions, I would like to learn more about the salt you eat. I would like you to think about all the sources of salt, including ordinary table salt, unrefined salt such as sea salt, iodized salt, salty stock cubes and powders, and salty sauces such as soya sauce or fish sauce. [req. country-adaptation]				
14	Diet	How often do you add salt or a salty sauce such as soya sauce [req. country-adaptation] to your food right before you eat it or as you are eating it? Would you say always, often, sometimes, rarely, or never? (INTERVIEWER INSTRUCTION: ENTER 1= ALWAYS; 2= OFTEN; 3= SOMETIMES; 4= RARELY; 5= NEVER; # = REFUSED/ DON'T KNOW)	1 = ALWAYS 2 = OFTEN 3 = SOMETIMES 4 = RARELY 5 = NEVER # = REFUSED OTHER = (Error 0.1)		STEPS D5	D6 - % who always or often add salt or salty sauce to their food before eating or as they are eating (STEPS)

15	Diet	How often is salt, salty seasoning or a salty sauce added in cooking or preparing foods in your household? Would you say always, often, sometimes, rarely, never, or don't know? (INTERVIEWER INSTRUCTION: ENTER 1= ALWAYS; 2= OFTEN; 3= SOMETIMES; 4= RARELY; 5= NEVER; 7=DON'T KNOW; # = REFUSED)	1 = ALWAYS 2 = OFTEN 3 = SOMETIMES 4 = RARELY 5 = NEVER 7 = DON'T KNOW # = REFUSED OTHER = (Error 0.1)		STEPS D6	D7 - % who always or often add salt or salty seasoning when cooking or preparing foods in the household (STEPS)
16	Diet	How often do you eat processed food high in salt? By processed food high in salt, I mean foods that have been altered from their natural state, such as packaged salty snacks, canned salty food such as pickles, salty food prepared at a fast food restaurant, cheese, bacon and processed meat [add local examples]? Would you say always, often, sometimes, rarely, or never? (INTERVIEWER INSTRUCTION: ENTER 1= ALWAYS; 2= OFTEN; 3= SOMETIMES; 4= RARELY; 5= NEVER; # = REFUSED/ DON'T KNOW)	1 = ALWAYS 2 = OFTEN 3 = SOMETIMES 4 = RARELY 5 = NEVER # = REFUSED OTHER = (Error 0.1)		STEPS D7	D8 - % who always or often eat processed foods high in salt (STEPS)
17	Blood Pressure	Have you ever been told by a doctor or other health worker that you have raised or high blood pressure or hypertension? (INTERVIEW INSTRUCTION: ENTER 1= YES; 3= NO; # = REFUSED/ DON'T KNOW)	1 = YES 3 = NO # = REFUSED OTHER = (Error 0.1)	IF 3 OR #, GO TO 19	STEPS H2a	H1 - % previously diagnosed with raised blood pressure or hypertension by a doctor or other health worker (STEPS)
18	Blood Pressure	In the last two weeks, have you taken any drugs or medication for raised blood pressure that was prescribed for you by a doctor or other health worker? (INTERVIEW INSTRUCTION: ENTER 1= YES; 3= NO; # = REFUSED/ DON'T KNOW)	1 = YES 3 = NO # = REFUSED OTHER = (Error 0.1)		STEPS H3	H2- % currently taking medication for raised blood pressure prescribed by a doctor or health worker among those diagnosed with previously diagnosed raised blood pressure (STEPS)
19	Diabetes	Have you ever been told by a doctor or other health worker that you have raised blood sugar or diabetes? (INTERVIEW INSTRUCTION: ENTER 1= YES; 3= NO; # = REFUSED/ DON'T KNOW)	1 = YES 3 = NO # = REFUSED OTHER = (Error 0.1)	IF 3 OR #, GO TO END SURVEY (0.8)	STEPS H7a	S1 - % previously diagnosed with diabetes or raised blood glucose by a doctor or health worker (STEPS)

20	Diabetes	In the last two weeks, have you taken any drugs or medications for diabetes prescribed to you by a doctor or other health worker? (INTERVIEW INSTRUCTION: ENTER 1= YES; 3= NO; # = REFUSED/ DON'T KNOW)	1 = YES 3 = NO # = REFUSED OTHER = (Error 0.1)		STEPS H8	S2 - % currently taking medication for diabetes prescribed by a doctor or health worker among those previously diagnosed with diabetes (STEPS)
0.8	End of Survey Closing	The survey is now complete. Thank you very much for your time in answering these questions for the [Administering Authority], it will help us understand the health of [Country]. [Insert instructions about remuneration, if any.]				